

Swim Wales Legends Meet 2016 - 16/09/2016 to 18/09/2016**Results - Session 1: Warmup 4.30PM - 5.20PM****Event 1 Boys 14 Year Olds 50 LC Meter Breaststroke**

Name	Age	Team	Finals Time
1 Montgomery, Jack	14	Swansea Aquatics	40.20
2 Cousins, Jacob	14	Rhondda Cynon Taf Perf Swim Sq	40.55
3 Butler, Luke	14	Celtic Dolphins	43.20
4 Jenkins, Ellis	14	Rhondda Cynon Taf Perf Swim Sq	45.55

Event 1 Boys 15 Year Olds 50 LC Meter Breaststroke

Name	Age	Team	Finals Time
1 Squires, Ciaran	15	Aberaeron	39.76

Event 2 Girls 14 Year Olds 50 LC Meter Breaststroke

Name	Age	Team	Finals Time
1 Thompson, Alannah	14	Penyrheol	39.82
2 Fletcher, Chloe	14	Haverfordwest	41.24
3 Athwal, Jasmine	14	Torfaen Dolphins	45.56

Event 2 Girls 15 Year Olds 50 LC Meter Breaststroke

Name	Age	Team	Finals Time
1 Wallwork, Sioned	15	Aberystwyth	41.82
2 Maiden, Mya	15	Merthyr Tydfyl	42.62
3 Pullen, Megan	15	Swansea Aquatics	43.29
4 Job, Aliesha	15	Penyrheol	43.84
5 Lewis, Jessica	15	Rhondda Cynon Taf Perf Swim Sq	49.83
--- Nash, Angharad	15	Torfaen Dolphins	DQ

Event 3 Boys 9 Year Olds 100 LC Meter Freestyle

Name	Age	Team	Finals Time
1 James, Ioan	9	Bridgend County	1:21.84
38.02	1:21.84 (43.82)		
2 Thomas, Iestyn	9	Neath	1:30.18
42.79	1:30.18 (47.39)		
3 Morgan, Ellis	9	Swansea Aquatics	1:31.33
41.52	1:31.33 (49.81)		
4 Mruk, Keian	9	Torfaen Dolphins	1:33.36
41.79	1:33.36 (51.57)		
5 Southwood, Charlie	9	Torfaen Dolphins	1:34.70
44.76	1:34.70 (49.94)		
6 Fletcher, Owen	9	Haverfordwest	1:38.69
45.22	1:38.69 (53.47)		
7 Mohammed, Yassin	9	Swansea Aquatics	1:39.76
46.47	1:39.76 (53.29)		

Event 3 Boys 10 Year Olds 100 LC Meter Freestyle

Name	Age	Team	Finals Time
1 Carver, Wil	10	Swansea Aquatics	1:25.52
41.90	1:25.52 (43.62)		
2 Jones, Joshua	10	Neath	1:25.73
39.10	1:25.73 (46.63)		
3 McGuinness, Charlie	10	Torfaen Dolphins	1:25.78
40.66	1:25.78 (45.12)		
4 Squires, Declan	10	Aberaeron	1:25.97
5 Thomas, Jak	10	Neath	1:28.75
41.21	1:28.75 (47.54)		
6 Templeton, Arun	10	Swansea Aquatics	1:30.25
42.05	1:30.25 (48.20)		
7 Davies, Zachary	10	Torfaen Dolphins	1:34.71
44.40	1:34.71 (50.31)		

Swim Wales Legends Meet 2016 - 16/09/2016 to 18/09/2016**Results - Session 1: Warmup 4.30PM - 5.20PM****(Event 3 Boys 10 Year Olds 100 LC Meter Freestyle)**

Name	Age	Team	Finals Time
8 Williams, Corey	10	Swansea Aquatics	1:38.36
46.53	1:38.36 (51.83)		
9 John, Finlay	10	Rhondda Cynon Taf Perf Swim Sq	1:39.16
45.42	1:39.16 (53.74)		
10 Williams, Ethan	10	Llanelli	1:40.79
45.14	1:40.79 (55.65)		
11 Jones, Joseph	10	Nexus Valley	1:41.63
47.25	1:41.63 (54.38)		
12 Davies, Rhys	10	Penyrheol	1:44.58
46.81	1:44.58 (57.77)		

Event 3 Boys 11 Year Olds 100 LC Meter Freestyle

Name	Age	Team	Finals Time
1 Davies, Gianni	11	Torfaen Dolphins	1:15.65
35.15	1:15.65 (40.50)		
2 Catling, Finlay	11	Celtic Dolphins	1:16.53
37.60	1:16.53 (38.93)		
3 Butler, Ethan	11	Celtic Dolphins	1:17.39
35.30	1:17.39 (42.09)		
4 Coulson, Evan	11	Torfaen Dolphins	1:17.68
37.55	1:17.68 (40.13)		
5 Francis, Woody	11	Swansea Aquatics	1:19.33
37.28	1:19.33 (42.05)		
6 Jones, Morgan	11	Nexus Valley	1:22.07
39.43	1:22.07 (42.64)		
7 Rosser, Dewi	11	Torfaen Dolphins	1:23.74
41.66	1:23.74 (42.08)		
8 Sanorjo, Angelo	11	Swansea Aquatics	1:24.31
40.43	1:24.31 (43.88)		
9 Jones, Adam	11	Swansea Aquatics	1:25.39
40.79	1:25.39 (44.60)		
10 Isaacs, Tomos	11	Rhondda Cynon Taf Perf Swim Sq	1:30.71
43.11	1:30.71 (47.60)		
11 Nicholson, Finley	11	Aberaeron	1:31.40
42.59	1:31.40 (48.81)		
12 Williams, Tyler	11	Swansea Aquatics	1:36.70
45.98	1:36.70 (50.72)		
13 Lewis, Brychan	11	Llanelli	1:38.45
46.30	1:38.45 (52.15)		
14 Griffiths, Noa	11	Rhondda Cynon Taf Perf Swim Sq	1:41.08
15 John, Owain	11	Rhondda Cynon Taf Perf Swim Sq	1:41.43
47.44	1:41.43 (53.99)		

Event 4 Girls 9 Year Olds 100 LC Meter Freestyle

Name	Age	Team	Finals Time
1 Croke, Carys	9	Torfaen Dolphins	1:23.48
39.57	1:23.48 (43.91)		
2 Peter, Sophie	9	Swansea Aquatics	1:24.18
40.65	1:24.18 (43.53)		
3 Smart, Charlotte	9	Swansea Aquatics	1:24.48
39.71	1:24.48 (44.77)		
4 Demery, Porsche	9	Swansea Aquatics	1:25.21
39.51	1:25.21 (45.70)		
5 Thomas, Ffion	9	Neath	1:27.83
40.79	1:27.83 (47.04)		
6 Hughes, Cari	9	Neath	1:27.89
41.64	1:27.89 (46.25)		

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Name	Age	Team	Finals Time
7 Edwards, Catrin	9	Swansea Aquatics	1:28.36
43.23	1:28.36 (45.13)		
8 Davies, Rhian	9	Swansea Aquatics	1:30.09
43.64	1:30.09 (46.45)		
9 Hale, Gemma	9	Swansea Aquatics	1:32.71
43.65	1:32.71 (49.06)		
10 Edwards, Izzy	9	Swansea Aquatics	1:33.81
44.44	1:33.81 (49.37)		
11 Sullivan, Katie	9	Celtic Dolphins	1:40.51
46.11	1:40.51 (54.40)		
*12 Sherman Higgs, Tirion	9	Aberystwyth	1:42.08
46.21	1:42.08 (55.87)		
*12 Lewis, Ella	9	Nexus Valley	1:42.08
48.60	1:42.08 (53.48)		
14 Coulson, Evie	9	Torfaen Dolphins	1:43.80
49.21	1:43.80 (54.59)		
--- Welsby, Lily-May	9	Aberystwyth	DNF
46.25			

Event 4 Girls 10 Year Olds 100 LC Meter Freestyle

Name	Age	Team	Finals Time
1 Williams-Jones, Phoebe	10	Bridgend County	1:16.18
36.19	1:16.18 (39.99)		
2 Broder, Libby	10	Torfaen Dolphins	1:18.42
36.76	1:18.42 (41.66)		
3 Williams, Lily	10	Rhondda Cynon Taf Perf Swim Sq	1:20.93
38.64	1:20.93 (42.29)		
4 Lewis, Caera	10	Pembroke & District	1:21.02
37.63	1:21.02 (43.39)		
5 Pritchard, Kara	10	Swansea Aquatics	1:21.37
38.78	1:21.37 (42.59)		
6 Jones, Holli	10	Swansea Aquatics	1:21.56
39.99	1:21.56 (41.57)		
7 Thomas, Seren	10	Swansea Aquatics	1:25.62
40.04	1:25.62 (45.58)		
8 Lewis, Lowri	10	Neath	1:26.88
40.70	1:26.88 (46.18)		
9 Hewitt, Jessica	10	Swansea Aquatics	1:27.13
41.95	1:27.13 (45.18)		
10 Coombes, Emmie-Jo	10	Rhondda Cynon Taf Perf Swim Sq	1:28.23
41.54	1:28.23 (46.69)		
11 Phillips, Erin	10	Celtic Dolphins	1:30.60
43.21	1:30.60 (47.39)		
12 Thomas, Madison	10	Nexus Valley	1:32.42
42.25	1:32.42 (50.17)		
13 Wilkes-Hibbert, Amelia	10	Torfaen Dolphins	1:34.43
43.91	1:34.43 (50.52)		
14 Bruton, Shanai	10	Aberavon	1:42.58
46.33	1:42.58 (56.25)		
15 Fieldhouse, Maddison	10	Torfaen Dolphins	1:46.51
49.11	1:46.51 (57.40)		
16 Devonish, Amy	10	Rhondda Cynon Taf Perf Swim Sq	2:13.59
1:01.96	2:13.59 (1:11.63)		

Event 4 Girls 11 Year Olds 100 LC Meter Freestyle

Name	Age	Team	Finals Time
1 Lloyd, Ruby	11	Swansea Aquatics	1:14.64
36.91	1:14.64 (37.73)		

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Name	Age	Team	Finals Time
2 Fox, Eve	11	Swansea Aquatics	1:14.70
36.39	1:14.70 (38.31)		
3 Illman, Lili	11	Torfaen Dolphins	1:15.50
36.03	1:15.50 (39.47)		
4 Kay, Holly	11	Mold	1:16.89
37.15	1:16.89 (39.74)		
5 Burgess, Sienna	11	Neath	1:17.47
36.27	1:17.47 (41.20)		
6 Curtis-Jones, Llian	11	Celtic Dolphins	1:17.69
36.92	1:17.69 (40.77)		
7 Shepherd, Caryl	11	Aberaeron	1:17.89
37.52	1:17.89 (40.37)		
8 Jones, Cerys	11	Rhondda Cynon Taf Perf Swim Sq	1:18.61
36.51	1:18.61 (42.10)		
9 Hetherington, Verity	11	Neath	1:18.96
37.65	1:18.96 (41.31)		
10 Preece, Katie	11	Co Newport	1:20.38
37.97	1:20.38 (42.41)		
11 Bowen, Eve	11	Torfaen Dolphins	1:20.46
37.87	1:20.46 (42.59)		
12 Johns, Ffion	11	Rhondda Cynon Taf Perf Swim Sq	1:23.96
39.56	1:23.96 (44.40)		
13 Nowell, Gabriella	11	Torfaen Dolphins	1:24.21
38.84	1:24.21 (45.37)		
14 Krol, Sophie	11	Haverfordwest	1:30.35
15 Davies, Katie	11	Celtic Dolphins	1:30.51
41.17	1:30.51 (49.34)		
16 Baylis, Sophie	11	Penyrheol	1:31.57
42.15	1:31.57 (49.42)		

Event 5 Boys 12 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Finals Time
1 Rodriguez, Antonio	12	Swansea Aquatics	4:54.07
32.87	1:09.43 (36.56)	1:47.58 (38.15)	2:25.63 (38.05)
3:03.17 (37.54)	3:40.68 (37.51)	4:18.31 (37.63)	4:54.07 (35.76)
2 Partridge, Rhys	12	Llanelli	5:32.95
37.79	1:19.55 (41.76)	2:02.71 (43.16)	2:45.06 (42.35)
3:28.02 (42.96)	4:10.51 (42.49)	4:52.94 (42.43)	5:32.95 (40.01)
3 Wingrave-Rix, Harvey	12	Swansea Aquatics	5:38.68
36.30	1:18.55 (42.25)	2:02.39 (43.84)	2:45.40 (43.01)
3:28.90 (43.50)	4:12.92 (44.02)	4:56.37 (43.45)	5:38.68 (42.31)

Event 5 Boys 13 Year Olds 400 LC Meter Freestyle

Name	Age	Team	Finals Time
1 Smart, Connor	13	Swansea Aquatics	4:48.49
31.28	1:06.76 (35.48)	1:43.43 (36.67)	2:20.21 (36.78)
2:57.14 (36.93)	3:34.86 (37.72)	4:12.08 (37.22)	4:48.49 (36.41)
2 Wells, Lewis	13	Neath	5:01.60
32.35	1:08.13 (35.78)	1:45.77 (37.64)	2:24.91 (39.14)
3:03.95 (39.04)	3:43.06 (39.11)	4:23.25 (40.19)	5:01.60 (38.35)
3 Selby, Morgan	13	Rhondda Cynon Taf Perf Swim Sq	5:15.10
34.71	1:13.56 (38.85)	1:53.75 (40.19)	2:34.98 (41.23)
3:15.08 (40.10)	3:55.75 (40.67)	4:37.20 (41.45)	5:15.10 (37.90)
4 Collins, Tyler	13	Rhondda Cynon Taf Perf Swim Sq	5:18.55
	1:13.30 ()	1:53.89 (40.59)	2:34.93 (41.04)
3:15.77 (40.84)	3:58.19 (42.42)	4:39.26 (41.07)	5:18.55 (39.29)

Swim Wales Legends Meet 2016 - 16/09/2016 to 18/09/2016**Results - Session 1: Warmup 4.30PM - 5.20PM****(Event 5 Boys 13 Year Olds 400 LC Meter Freestyle)**

Name	Age	Team				Finals Time
5 Lawrence, Adam	13	Newtown				5:50.09
	38.44	1:21.41 (42.97)	2:06.73 (45.32)	2:51.84 (45.11)		
	3:38.19 (46.35)	4:24.58 (46.39)	5:09.97 (45.39)	5:50.09 (40.12)		
6 John, Dafydd	13	Rhondda Cynon Taf Perf Swim Sq				6:10.01
	41.58	1:26.87 (45.29)	2:13.03 (46.16)	3:01.06 (48.03)		
	3:48.46 (47.40)	4:38.01 (49.55)	5:24.94 (46.93)	6:10.01 (45.07)		
7 Jones, Harry	13	Celtic Dolphins				6:13.20
	40.63	1:27.11 (46.48)	2:13.77 (46.66)	3:03.02 (49.25)		
	3:49.87 (46.85)	4:39.57 (49.70)	5:28.28 (48.71)	6:13.20 (44.92)		

Event 6 Girls 12 Year Olds 400 LC Meter Freestyle

Name	Age	Team				Finals Time
1 Stokes, Aimee	12	Swansea Aquatics				5:03.67
	34.64	1:12.80 (38.16)	1:50.94 (38.14)	2:29.86 (38.92)		
	3:08.30 (38.44)	3:47.25 (38.95)	4:25.88 (38.63)	5:03.67 (37.79)		
2 Gallagher, Hannah	12	Swansea Aquatics				5:04.42
	34.51	1:13.56 (39.05)	1:54.13 (40.57)	2:33.12 (38.99)		
	3:11.77 (38.65)	3:50.33 (38.56)	4:28.96 (38.63)	5:04.42 (35.46)		
3 Sullivan, Nia	12	Celtic Dolphins				5:28.56
	36.63	1:17.08 (40.45)	1:59.00 (41.92)	2:41.44 (42.44)		
	3:23.95 (42.51)	4:06.57 (42.62)	4:48.35 (41.78)	5:28.56 (40.21)		
4 Bond, Sasha	12	Rhondda Cynon Taf Perf Swim Sq				5:29.96
	36.46	1:16.80 (40.34)	1:58.92 (42.12)	2:40.97 (42.05)		
	3:23.38 (42.41)	4:05.93 (42.55)	4:48.71 (42.78)	5:29.96 (41.25)		
5 Palin, Maisy	12	Heads Valley				5:34.56
	36.44	1:17.10 (40.66)	1:59.96 (42.86)	2:43.25 (43.29)		
	3:26.46 (43.21)	4:09.91 (43.45)	4:53.52 (43.61)	5:34.56 (41.04)		
6 Smith, Mia	12	Torfaen Dolphins				5:37.43
	37.65	1:20.11 (42.46)	2:03.46 (43.35)	2:47.72 (44.26)		
	3:31.40 (43.68)	4:15.02 (43.62)	4:57.55 (42.53)	5:37.43 (39.88)		
7 Marchant, Rhiannon	12	Rhondda Cynon Taf Perf Swim Sq				5:37.56
	36.17	1:17.05 (40.88)	2:00.09 (43.04)	2:44.03 (43.94)		
	3:27.51 (43.48)	4:11.55 (44.04)	4:55.46 (43.91)	5:37.56 (42.10)		
8 Thomson, Megan	12	Haverfordwest				5:43.66
	37.60	1:20.58 (42.98)	2:05.43 (44.85)	2:50.90 (45.47)		
	3:36.17 (45.27)	4:22.35 (46.18)	5:04.52 (42.17)	5:43.66 (39.14)		
9 Corderoy, Abigail	12	Rhondda Cynon Taf Perf Swim Sq				6:17.97
	39.67	1:26.07 (46.40)	2:15.31 (49.24)	3:04.72 (49.41)		
	3:53.48 (48.76)	4:43.26 (49.78)	5:33.73 (50.47)	6:17.97 (44.24)		
10 Evans, Elena	12	Neath				6:23.52
	42.23	1:28.93 (46.70)	2:17.04 (48.11)	3:07.09 (50.05)		
	3:56.69 (49.60)	4:46.79 (50.10)	5:35.62 (48.83)	6:23.52 (47.90)		
11 Griffiths, Kiera	12	Merthyr Tydfyl				6:26.54
	41.77	1:29.47 (47.70)	2:17.69 (48.22)	3:08.38 (50.69)		
	3:57.87 (49.49)	4:49.55 (51.68)	5:39.41 (49.86)	6:26.54 (47.13)		
12 Williams, Eve	12	Rhondda Cynon Taf Perf Swim Sq				6:32.51
	43.57	1:32.19 (48.62)	2:22.36 (50.17)	3:12.21 (49.85)		
	4:04.15 (51.94)	4:55.55 (51.40)	5:44.67 (49.12)	6:32.51 (47.84)		
13 Bennett, Briony	12	Haverfordwest				6:35.73
	41.31	1:29.48 (48.17)	2:20.37 (50.89)	3:12.29 (51.92)		
	4:05.02 (52.73)	4:56.67 (51.65)	5:48.70 (52.03)	6:35.73 (47.03)		
14 Leconte MC, Seren	12	Caerphilly				6:37.47
	43.88	1:34.37 (50.49)	2:25.17 (50.80)	3:16.42 (51.25)		
	4:07.74 (51.32)	4:59.22 (51.48)	5:50.26 (51.04)	6:37.47 (47.21)		

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Name	Age	Team	Finals Time		
1 Peter, Hannah	13	Swansea Aquatics	5:10.02		
	34.19	1:12.96 (38.77)	1:53.43 (40.47)	2:32.94 (39.51)	
	3:12.64 (39.70)	3:52.68 (40.04)	4:32.56 (39.88)	5:10.02 (37.46)	
2 Davies, Katie-Megan	13	Neath	5:13.06		
	34.48	1:12.46 (37.98)	1:51.86 (39.40)	2:31.75 (39.89)	
	3:11.99 (40.24)	3:52.87 (40.88)	4:33.86 (40.99)	5:13.06 (39.20)	
3 Davies, Lois	13	Caerphilly	5:17.53		
	35.67	1:14.72 (39.05)	1:55.24 (40.52)	2:35.00 (39.76)	
	3:16.76 (41.76)	3:58.68 (41.92)	4:38.66 (39.98)	5:17.53 (38.87)	
4 #Hopkins MC, Molly	13	Neath	5:23.02		
	35.70	1:14.57 (38.87)	1:55.42 (40.85)	2:36.32 (40.90)	
	3:18.45 (42.13)	4:00.65 (42.20)	4:42.45 (41.80)	5:23.02 (40.57)	
5 Hetherington, Trinity	13	Neath	5:32.74		
	37.11	1:17.65 (40.54)	1:59.95 (42.30)	2:42.56 (42.61)	
		4:08.65 ()	4:51.47 (42.82)	5:32.74 (41.27)	
6 Watkins, Sadie	13	Rhondda Cynon Taf Perf Swim Sq	5:38.93		
	37.87	1:20.73 (42.86)	2:05.59 (44.86)	2:49.69 (44.10)	
	3:33.50 (43.81)	4:17.34 (43.84)	4:59.96 (42.62)	5:38.93 (38.97)	
7 Williams, Danielle	13	Swansea Aquatics	5:42.60		
	37.82	1:19.73 (41.91)	2:03.18 (43.45)	2:47.59 (44.41)	
	3:32.64 (45.05)	4:17.56 (44.92)	5:00.70 (43.14)	5:42.60 (41.90)	
8 Geen, Cerys	13	Torfaen Dolphins	5:42.63		
	36.95	1:19.61 (42.66)	2:02.96 (43.35)	2:47.18 (44.22)	
	3:31.36 (44.18)	4:16.21 (44.85)	5:00.58 (44.37)	5:42.63 (42.05)	
9 Brooks-Thomas, Tilly	13	Swansea Aquatics	5:46.52		
	38.06	1:22.05 (43.99)	2:07.58 (45.53)	2:52.72 (45.14)	
	3:36.65 (43.93)	4:21.29 (44.64)	5:03.99 (42.70)	5:46.52 (42.53)	
10 Lewis MC, Rebecca	13	Rhondda Cynon Taf Perf Swim Sq	5:52.37		
	36.99	1:20.73 (43.74)	2:06.57 (45.84)	2:52.34 (45.77)	
	3:37.80 (45.46)	4:23.15 (45.35)	5:08.62 (45.47)	5:52.37 (43.75)	
11 Davies, Emily	13	Celtic Dolphins	5:53.43		
	38.47	1:22.87 (44.40)	2:08.19 (45.32)	2:53.53 (45.34)	
	3:38.88 (45.35)	4:25.42 (46.54)	5:10.28 (44.86)	5:53.43 (43.15)	
12 Jones, Ffion	13	Penyrheol	5:54.87		
	39.99	1:23.86 (43.87)	2:09.28 (45.42)	2:55.45 (46.17)	
	3:42.00 (46.55)	4:28.25 (46.25)	5:14.54 (46.29)	5:54.87 (40.33)	
13 Woolley, Tia	13	Aberystwyth	6:02.99		
	38.99	1:23.49 (44.50)	2:10.46 (46.97)	2:58.07 (47.61)	
		4:32.06 ()	5:18.44 (46.38)	6:02.99 (44.55)	
14 Cope, Llinos	13	Merthyr Tydfyl	6:12.70		
	39.42	1:25.71 (46.29)	2:14.48 (48.77)	3:04.16 (49.68)	
	3:52.61 (48.45)	4:43.98 (51.37)	5:29.79 (45.81)	6:12.70 (42.91)	
15 Ost, Katie	13	Penyrheol	6:22.04		
	40.66	1:27.58 (46.92)	2:15.60 (48.02)	3:04.05 (48.45)	
	3:53.48 (49.43)	4:43.56 (50.08)	5:33.84 (50.28)	6:22.04 (48.20)	
16 Moger, Natalie	13	Rhondda Cynon Taf Perf Swim Sq	6:23.09		
	38.34	1:24.35 (46.01)	2:14.39 (50.04)	3:04.18 (49.79)	
	3:54.34 (50.16)	4:45.62 (51.28)	5:35.65 (50.03)	6:23.09 (47.44)	
--- Matthews, Jodie	13	Rhondda Cynon Taf Perf Swim Sq	DNF		
	37.02	1:19.30 (42.28)			

Event 7 Boys 9 Year Olds 200 LC Meter Breaststroke

Name	Age	Team	Finals Time		
1 Mruk, Keian	9	Torfaen Dolphins	4:24.87		
	1:00.50	2:08.63 (1:08.13)	3:17.68 (1:09.05)	4:24.87 (1:07.19)	

Swim Wales Legends Meet 2016 - 16/09/2016 to 18/09/2016**Results - Session 1: Warmup 4.30PM - 5.20PM****Event 7 Boys 10 Year Olds 200 LC Meter Breaststroke**

Name	Age	Team	Finals Time	
1 Willis, Morgan	10	Swansea Aquatics	3:44.64	
50.59	1:48.04 (57.45)	2:46.15 (58.11)	3:44.64 (58.49)	
2 Squires, Declan	10	Aberaeron	4:05.70	
56.13	1:59.83 (1:03.70)	3:05.04 (1:05.21)	4:05.70 (1:00.66)	
3 McGuinness, Charlie	10	Torfaen Dolphins	4:13.27	
57.78	2:03.25 (1:05.47)	3:08.90 (1:05.65)	4:13.27 (1:04.37)	
4 Williams, Corey	10	Swansea Aquatics	4:16.08	
1:01.41	2:09.09 (1:07.68)	3:16.18 (1:07.09)	4:16.08 (59.90)	
5 Jones, Joseph	10	Nexus Valley	4:47.62	
1:08.67	2:21.71 (1:13.04)	3:33.96 (1:12.25)	4:47.62 (1:13.66)	

Event 7 Boys 11 Year Olds 200 LC Meter Breaststroke

Name	Age	Team	Finals Time	
1 Hewitt, Harry	11	Swansea Aquatics	3:18.17	
45.13	1:36.82 (51.69)	2:28.39 (51.57)	3:18.17 (49.78)	
2 Catling, Finlay	11	Celtic Dolphins	3:38.56	
51.97	1:49.94 (57.97)	2:44.31 (54.37)	3:38.56 (54.25)	
3 Davies, Gianni	11	Torfaen Dolphins	3:53.54	
51.73	1:51.60 (59.87)	2:53.69 (1:02.09)	3:53.54 (59.85)	
4 Coulson, Evan	11	Torfaen Dolphins	3:56.15	
56.02	1:56.80 (1:00.78)	2:57.99 (1:01.19)	3:56.15 (58.16)	
5 Jones, Morgan	11	Nexus Valley	4:01.65	
54.14	1:55.35 (1:01.21)	2:58.85 (1:03.50)	4:01.65 (1:02.80)	
6 Rosser, Dewi	11	Torfaen Dolphins	4:06.12	
57.93	2:01.21 (1:03.28)	3:05.34 (1:04.13)	4:06.12 (1:00.78)	
7 Williams, Tyler	11	Swansea Aquatics	4:19.51	
57.77	2:06.20 (1:08.43)	3:14.99 (1:08.79)	4:19.51 (1:04.52)	
8 Sanorjo, Angelo	11	Swansea Aquatics	4:23.26	
59.21	2:06.05 (1:06.84)	3:15.25 (1:09.20)	4:23.26 (1:08.01)	
9 Nicholson, Finley	11	Aberaeron	4:36.74	
1:02.15	2:13.80 (1:11.65)	3:25.35 (1:11.55)	4:36.74 (1:11.39)	

Event 8 Girls 9 Year Olds 200 LC Meter Breaststroke

Name	Age	Team	Finals Time	
1 Hughes, Cari	9	Neath	4:10.01	
57.73	2:02.78 (1:05.05)	3:09.53 (1:06.75)	4:10.01 (1:00.48)	
2 Demery, Porsche	9	Swansea Aquatics	4:12.21	
58.29	2:02.94 (1:04.65)	3:08.12 (1:05.18)	4:12.21 (1:04.09)	
3 Davis, Freya	9	Rhondda Cynon Taf Perf Swim Sq	4:16.51	
58.66	2:05.46 (1:06.80)	3:12.53 (1:07.07)	4:16.51 (1:03.98)	
4 Edwards, Catrin	9	Swansea Aquatics	4:19.83	
59.25	2:07.13 (1:07.88)	3:16.31 (1:09.18)	4:19.83 (1:03.52)	
--- Hale, Gemma	9	Swansea Aquatics	DQ	
57.82	1:59.60 (1:01.78)	3:04.09 (1:04.49)	DQ (1:02.98)	

Event 8 Girls 10 Year Olds 200 LC Meter Breaststroke

Name	Age	Team	Finals Time	
1 Williams-Jones, Phoebe	10	Bridgend County	3:26.19	
46.99	1:38.54 (51.55)	2:32.38 (53.84)	3:26.19 (53.81)	
2 Lewis, Caera	10	Pembroke & District	3:42.75	
52.11	1:48.89 (56.78)	2:49.12 (1:00.23)	3:42.75 (53.63)	
3 Evans, Caitlin	10	Neath	3:47.29	
53.15	1:50.84 (57.69)	2:49.50 (58.66)	3:47.29 (57.79)	
4 Pritchard, Kara	10	Swansea Aquatics	3:48.79	
53.04	1:51.50 (58.46)	2:50.57 (59.07)	3:48.79 (58.22)	
5 Thomas, Seren	10	Swansea Aquatics	3:58.87	
54.28	1:54.36 (1:00.08)	2:57.21 (1:02.85)	3:58.87 (1:01.66)	

Swim Wales Legends Meet 2016 - 16/09/2016 to 18/09/2016**Results - Session 1: Warmup 4.30PM - 5.20PM****(Event 8 Girls 10 Year Olds 200 LC Meter Breaststroke)**

Name	Age	Team	Finals Time
6 Hale, Chloe	10	Heads Valley	4:01.46
53.94	1:58.61 (1:04.67)	3:03.51 (1:04.90)	4:01.46 (57.95)
7 Jones, Holli	10	Swansea Aquatics	4:10.24
56.59	2:01.31 (1:04.72)	3:06.31 (1:05.00)	4:10.24 (1:03.93)
8 Thomas, Madison	10	Nexus Valley	4:28.02
1:02.72	2:13.57 (1:10.85)	3:23.67 (1:10.10)	4:28.02 (1:04.35)
9 Devonish, Amy	10	Rhondda Cynon Taf Perf Swim Sq	5:27.81
1:12.95	2:37.63 (1:24.68)	4:03.44 (1:25.81)	5:27.81 (1:24.37)

Event 8 Girls 11 Year Olds 200 LC Meter Breaststroke

Name	Age	Team	Finals Time
1 Tucker, Natalie	11	Swansea Aquatics	3:25.84
48.17	1:40.97 (52.80)	2:34.35 (53.38)	3:25.84 (51.49)
2 Wilkins, Maia	11	Swansea Aquatics	3:28.73
46.42	1:39.59 (53.17)	2:34.39 (54.80)	3:28.73 (54.34)
3 Shepherd, Caryl	11	Aberaeron	3:36.94
48.76	1:43.38 (54.62)	2:40.88 (57.50)	3:36.94 (56.06)
4 Evans, Bethan	11	Neath	3:38.82
50.31	1:47.49 (57.18)	2:45.81 (58.32)	3:38.82 (53.01)
5 Curtis-Jones, Llian	11	Celtic Dolphins	3:39.12
50.22	1:47.20 (56.98)	2:43.85 (56.65)	3:39.12 (55.27)
6 Evans, Lila	11	Aberystwyth	3:42.54
51.18	1:50.35 (59.17)	2:48.37 (58.02)	3:42.54 (54.17)
7 Illman, Lili	11	Torfaen Dolphins	3:43.62
51.84	1:50.07 (58.23)	2:50.47 (1:00.40)	3:43.62 (53.15)
8 Krol, Sophie	11	Haverfordwest	3:47.04
51.55	1:50.52 (58.97)	2:50.41 (59.89)	3:47.04 (56.63)
9 Watts, Non	11	Celtic Dolphins	3:55.16
53.38	1:54.09 (1:00.71)	2:55.44 (1:01.35)	3:55.16 (59.72)
10 Clayton, Karys	11	Torfaen Dolphins	3:55.44
52.23	1:51.94 (59.71)	2:55.27 (1:03.33)	3:55.44 (1:00.17)
11 Bigham, Lily	11	Torfaen Dolphins	3:57.61
53.90	1:55.33 (1:01.43)	2:56.69 (1:01.36)	3:57.61 (1:00.92)
12 Nowell, Gabriella	11	Torfaen Dolphins	4:01.53
55.93	1:58.81 (1:02.88)	3:01.24 (1:02.43)	4:01.53 (1:00.29)
13 Miles, Alyssa	11	Aberaeron	4:15.13
57.16	2:03.55 (1:06.39)	3:11.71 (1:08.16)	4:15.13 (1:03.42)
14 Davies, Katie	11	Celtic Dolphins	4:17.46
56.87	2:04.05 (1:07.18)	3:12.07 (1:08.02)	4:17.46 (1:05.39)
--- Burgess, Sienna	11	Neath	DQ
48.85	1:43.79 (54.94)	2:41.20 (57.41)	DQ (55.42)

Event 9 Boys 13 Year Olds 100 LC Meter Butterfly

Name	Age	Team	Finals Time
1 Collins, Tyler	13	Rhondda Cynon Taf Perf Swim Sq	1:21.29
36.91	1:21.29 (44.38)		
2 Selby, Morgan	13	Rhondda Cynon Taf Perf Swim Sq	1:24.44
37.76	1:24.44 (46.68)		

Event 10 Girls 12 Year Olds 100 LC Meter Butterfly

Name	Age	Team	Finals Time
1 Stokes, Aimee	12	Swansea Aquatics	1:20.72
37.74	1:20.72 (42.98)		
2 Palin, Maisy	12	Heads Valley	1:21.69
37.71	1:21.69 (43.98)		
3 Evans, Caitlin	12	Swansea Aquatics	1:25.90
39.44	1:25.90 (46.46)		

Swim Wales Legends Meet 2016 - 16/09/2016 to 18/09/2016**Results - Session 1: Warmup 4.30PM - 5.20PM****(Event 10 Girls 12 Year Olds 100 LC Meter Butterfly)**

Name	Age	Team	Finals Time
4 Hurcombe, Eve	12	Torfaen Dolphins	1:26.32
41.44	1:26.32 (44.88)		
5 Whitelock, Carys	12	Torfaen Dolphins	1:26.54
39.43	1:26.54 (47.11)		
6 Thomson, Megan	12	Haverfordwest	1:30.91
40.61	1:30.91 (50.30)		
7 Froley, Megan	12	Bridgend County	1:31.06
41.50	1:31.06 (49.56)		
8 Bond, Sasha	12	Rhondda Cynon Taf Perf Swim Sq	1:39.03
44.76	1:39.03 (54.27)		
9 Nash, Carys	12	Torfaen Dolphins	1:45.90
48.21	1:45.90 (57.69)		

Event 10 Girls 13 Year Olds 100 LC Meter Butterfly

Name	Age	Team	Finals Time
1 Watkins, Sadie	13	Rhondda Cynon Taf Perf Swim Sq	1:21.73
37.40	1:21.73 (44.33)		
2 Kruk, Aleksandra	13	Bridgend County	1:23.62
38.93	1:23.62 (44.69)		
3 Williams, Leanna	13	Aberystwyth	1:25.16
38.07	1:25.16 (47.09)		
4 Geen, Cerys	13	Torfaen Dolphins	1:25.85
39.50	1:25.85 (46.35)		
5 Woolley, Tia	13	Aberystwyth	1:31.04
41.44	1:31.04 (49.60)		
6 Brooks-Thomas, Tilly	13	Swansea Aquatics	1:33.52
41.77	1:33.52 (51.75)		
7 Williams, Selena	13	Aberystwyth	1:35.18
40.58	1:35.18 (54.60)		
8 Lewis MC, Rebecca	13	Rhondda Cynon Taf Perf Swim Sq	1:36.65
44.85	1:36.65 (51.80)		
9 Williams, Danielle	13	Swansea Aquatics	1:44.90
49.42	1:44.90 (55.48)		
10 Grainger, Emily	13	Rhondda Cynon Taf Perf Swim Sq	1:52.70
43.97	1:52.70 (1:08.73)		
11 Ost, Katie	13	Penyrheol	1:55.67
48.88	1:55.67 (1:06.79)		
--- Matthews, Jodie	13	Rhondda Cynon Taf Perf Swim Sq	DNF

Event 11 Boys 14 Year Olds 50 LC Meter Backstroke

Name	Age	Team	Finals Time
1 Cousins, Jacob	14	Rhondda Cynon Taf Perf Swim Sq	35.73
2 Jenkins, Ellis	14	Rhondda Cynon Taf Perf Swim Sq	38.33
3 Butler, Luke	14	Celtic Dolphins	38.44
4 Williams, Corey	14	Llanelli	39.48

Event 11 Boys 15 Year Olds 50 LC Meter Backstroke

Name	Age	Team	Finals Time
1 Squires, Ciaran	15	Aberaeron	33.57

Event 12 Girls 14 Year Olds 50 LC Meter Backstroke

Name	Age	Team	Finals Time
1 Thompson, Alannah	14	Penyrheol	35.77
2 Lewis, Helen	14	Merthyr Tydfyl	37.16
3 Roberts, Anya	14	Llanelli	37.80
4 Glover, Alysia	14	Neath	38.19
5 Addecott, Ffion	14	Rhondda Cynon Taf Perf Swim Sq	38.22
6 Fletcher, Chloe	14	Haverfordwest	39.27

Swim Wales Legends Meet 2016 - 16/09/2016 to 18/09/2016**Results - Session 1: Warmup 4.30PM - 5.20PM****(Event 12 Girls 14 Year Olds 50 LC Meter Backstroke)**

Name	Age	Team	Finals Time
7 Athwal, Jasmine	14	Torfaen Dolphins	39.92

Event 12 Girls 15 Year Olds 50 LC Meter Backstroke

Name	Age	Team	Finals Time
1 Maiden, Mya	15	Merthyr Tydfyl	35.82
2 Wallwork, Sioned	15	Aberystwyth	35.96
3 Davies, Sophie	15	Swansea Aquatics	36.17
4 Lewis, Jessica	15	Rhondda Cynon Taf Perf Swim Sq	36.64
5 Pullen, Megan	15	Swansea Aquatics	38.42
6 Nash, Angharad	15	Torfaen Dolphins	38.58
7 Nicholls, Jasmine	15	Swansea Aquatics	38.93
8 #Rodway MC, Elisha	15	Swansea Stin	39.96

Event 13 Boys 9 Year Olds 100 LC Meter Backstroke

Name	Age	Team	Finals Time
1 James, Ioan	9	Bridgend County	1:36.72
	47.89	1:36.72 (48.83)	
2 Southwood, Charlie	9	Torfaen Dolphins	1:42.21
	50.55	1:42.21 (51.66)	

Event 13 Boys 10 Year Olds 100 LC Meter Backstroke

Name	Age	Team	Finals Time
1 Willis, Morgan	10	Swansea Aquatics	1:33.75
	45.78	1:33.75 (47.97)	
2 Carver, Wil	10	Swansea Aquatics	1:37.52
	50.77	1:37.52 (46.75)	
3 Templeton, Arun	10	Swansea Aquatics	1:40.02
	48.94	1:40.02 (51.08)	
4 McGuinness, Charlie	10	Torfaen Dolphins	1:42.25
	50.53	1:42.25 (51.72)	
5 Squires, Declan	10	Aberaeron	1:43.30
	50.40	1:43.30 (52.90)	
6 Thomas, Jak	10	Neath	1:44.32
	49.86	1:44.32 (54.46)	
7 Davies, Zachary	10	Torfaen Dolphins	1:46.04
	51.39	1:46.04 (54.65)	
8 Jones, Joseph	10	Nexus Valley	1:47.30
9 John, Finlay	10	Rhondda Cynon Taf Perf Swim Sq	1:51.76
	53.16	1:51.76 (58.60)	
10 Davies, Rhys	10	Penyrheol	1:54.93
	54.59	1:54.93 (1:00.34)	
--- Williams, Ethan	10	Llanelli	DQ
	58.25	DQ (1:01.18)	

Event 13 Boys 11 Year Olds 100 LC Meter Backstroke

Name	Age	Team	Finals Time
1 Catling, Finlay	11	Celtic Dolphins	1:30.93
	44.70	1:30.93 (46.23)	
2 Jones, Adam	11	Swansea Aquatics	1:33.34
	46.00	1:33.34 (47.34)	
3 Davies, Gianni	11	Torfaen Dolphins	1:36.64
	45.45	1:36.64 (51.19)	
4 Isaacs, Tomos	11	Rhondda Cynon Taf Perf Swim Sq	1:38.82
	47.78	1:38.82 (51.04)	
5 Griffiths, Noa	11	Rhondda Cynon Taf Perf Swim Sq	1:41.83
	50.58	1:41.83 (51.25)	
6 Lewis, Brychan	11	Llanelli	1:45.26
	51.90	1:45.26 (53.36)	

Swim Wales Legends Meet 2016 - 16/09/2016 to 18/09/2016**Results - Session 1: Warmup 4.30PM - 5.20PM****(Event 13 Boys 11 Year Olds 100 LC Meter Backstroke)**

Name	Age	Team	Finals Time
7 Sanorjo, Angelo	11	Swansea Aquatics	1:47.05
52.33	1:47.05 (54.72)		
8 Nicholson, Finley	11	Aberaeron	1:48.17
53.41	1:48.17 (54.76)		
9 John, Owain	11	Rhondda Cynon Taf Perf Swim Sq	1:50.18
54.00	1:50.18 (56.18)		

Event 14 Girls 9 Year Olds 100 LC Meter Backstroke

Name	Age	Team	Finals Time
1 Croke, Carys	9	Torfaen Dolphins	1:29.87
43.80	1:29.87 (46.07)		
2 Demery, Porsche	9	Swansea Aquatics	1:36.75
47.10	1:36.75 (49.65)		
3 Peter, Sophie	9	Swansea Aquatics	1:37.46
47.31	1:37.46 (50.15)		
4 Smart, Charlotte	9	Swansea Aquatics	1:37.72
48.00	1:37.72 (49.72)		
5 Davies, Rhian	9	Swansea Aquatics	1:42.36
50.48	1:42.36 (51.88)		
6 Hale, Gemma	9	Swansea Aquatics	1:44.37
50.98	1:44.37 (53.39)		
7 Thomas, Ffion	9	Neath	1:46.15
52.75	1:46.15 (53.40)		
8 Welsby, Lily-May	9	Aberystwyth	1:46.82
9 Edwards, Izzy	9	Swansea Aquatics	1:48.94
53.71	1:48.94 (55.23)		
10 Sherman Higgs, Tirion	9	Aberystwyth	1:55.85
56.39	1:55.85 (59.46)		
11 Coulson, Evie	9	Torfaen Dolphins	1:59.61
58.63	1:59.61 (1:00.98)		
--- Edwards, Catrin	9	Swansea Aquatics	DQ
54.59	DQ (51.30)		
--- Sullivan, Katie	9	Celtic Dolphins	DQ
55.67	DQ (59.52)		

Event 14 Girls 10 Year Olds 100 LC Meter Backstroke

Name	Age	Team	Finals Time
1 Pritchard, Kara	10	Swansea Aquatics	1:31.06
45.56	1:31.06 (45.50)		
2 Lewis, Caera	10	Pembroke & District	1:32.00
44.06	1:32.00 (47.94)		
3 Broder, Libby	10	Torfaen Dolphins	1:34.07
46.06	1:34.07 (48.01)		
4 Williams-Jones, Phoebe	10	Bridgend County	1:34.58
46.34	1:34.58 (48.24)		
5 Hewitt, Jessica	10	Swansea Aquatics	1:38.86
49.28	1:38.86 (49.58)		
6 Williams, Lily	10	Rhondda Cynon Taf Perf Swim Sq	1:39.86
48.83	1:39.86 (51.03)		
7 Lewis, Lowri	10	Neath	1:41.17
51.44	1:41.17 (49.73)		
8 Wilkes-Hibbert, Amelia	10	Torfaen Dolphins	1:45.79
52.12	1:45.79 (53.67)		
9 Phillips, Erin	10	Celtic Dolphins	1:48.67
53.01	1:48.67 (55.66)		
10 Thomas, Madison	10	Nexus Valley	1:57.80
53.69	1:57.80 (1:04.11)		

Swim Wales Legends Meet 2016 - 16/09/2016 to 18/09/2016**Results - Session 1: Warmup 4.30PM - 5.20PM****(Event 14 Girls 10 Year Olds 100 LC Meter Backstroke)**

Name	Age	Team	Finals Time
--- Fieldhouse, Maddison	10	Torfaen Dolphins	DQ
59.32	DQ (1:03.54)		

Event 14 Girls 11 Year Olds 100 LC Meter Backstroke

Name	Age	Team	Finals Time
1 Bailey-Jones, Nia	11	Swansea Aquatics	1:24.18
41.24	1:24.18 (42.94)		
2 Kay, Holly	11	Mold	1:27.45
43.38	1:27.45 (44.07)		
3 Fox, Eve	11	Swansea Aquatics	1:28.83
43.15	1:28.83 (45.68)		
4 Preece, Katie	11	Co Newport	1:30.50
43.62	1:30.50 (46.88)		
5 Evans, Lila	11	Aberystwyth	1:31.19
43.22	1:31.19 (47.97)		
6 Tucker, Natalie	11	Swansea Aquatics	1:31.51
7 Jones, Cerys	11	Rhondda Cynon Taf Perf Swim Sq	1:33.55
46.38	1:33.55 (47.17)		
8 Clayton, Karys	11	Torfaen Dolphins	1:34.35
47.25	1:34.35 (47.10)		
9 Illman, Lili	11	Torfaen Dolphins	1:34.58
46.03	1:34.58 (48.55)		
10 Curtis, Lily	11	Swansea Aquatics	1:37.37
47.89	1:37.37 (49.48)		
11 Nowell, Gabriella	11	Torfaen Dolphins	1:37.43
46.83	1:37.43 (50.60)		
12 Johns, Ffion	11	Rhondda Cynon Taf Perf Swim Sq	1:38.65
49.21	1:38.65 (49.44)		
13 Bowen, Eve	11	Torfaen Dolphins	1:39.41
47.64	1:39.41 (51.77)		
14 Krol, Sophie	11	Haverfordwest	1:41.79
15 Miles, Alyssa	11	Aberaeron	2:01.39
1:00.70	2:01.39 (1:00.69)		
16 Williams, Thea	11	Neath	2:08.47
1:00.74	2:08.47 (1:07.73)		
--- Bigham, Lily	11	Torfaen Dolphins	DQ
47.91	DQ (52.94)		